



**BEAUTIFUL  
LIFE  
GOLF**

**EMAIL**  
coach@beautifulifehw.com

**WEB**  
www.beautifulifehw.com

## **GOLF MENTAL GAME COACHING**

<b>BLG GOLF MENTAL GAME COACHING OVERVIEW</b>	<p>BLG offers golf mental game lessons via range lessons, 9/18 hole lessons, post-round breakdowns &amp; analysis, &amp; yoga services. BLG provides coaching throughout the lifespan, for individuals, or in group settings. Please book a consultation with the QR code.</p>	
<b>BLG GOLF MENTAL GAME EVALUATION</b>	<p>This evaluation is vital in helping the BLG team understand the student's game, uncover limiting belief systems, and helps guide the BLG coaching process.</p>	<b>\$250</b>
<b>BLG 1 HOUR COACHING</b>	<b>1 Hour Range or 1 Hour Online Session</b>	<b>\$100</b>
<b>ON COURSE LESSONS</b>	<b>9/18 Hole Lessons</b>	<b>\$200 9 HOLE LESSON</b>  <b>\$400 18 HOLE LESSON</b>





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<p><b>POST ROUND          BREAKDOWN          &amp; ANALYSIS</b></p>	<p>Perfect post tournaments or in-between playing lessons. Up to 1 - Hour. Conducted Via Zoom or In Person In Conjunction with a Range Session.</p>	<p><b>\$100</b></p>
<p><b>INDIVIDUAL          YOGA          SESSION</b></p>	<p>An absolute must for students looking to improve their mental game while keeping the body mobile &amp; healthy. Up to 60 Minute Yoga For Golfers: In person or Via Zoom Chat</p>	<p><b>\$100</b></p>
<p><b>GROUP          CLINICS/LESSONS          /YOGA</b></p>	<p><b>Group Golf Mental Game - Clinics, Lessons, Yoga</b></p>	<p><b>STARTING AT \$250</b></p>
<p><b>RECORDED          LESSONS</b></p>	<p>Record your BLG lesson or on course play. Perfect for re-watching lessons and/or providing footage to student's swing coach.</p>	<p><b>\$100/HOUR</b></p>

If outside of the Austin, TX area BLG team will travel to you to provide coaching services for an additional fee to include travel expenses.

**BLG Golf Mental Game Coaching Yearly Retainer  
 \$12,000/year**